



**Charnwood
Athletic Club**

Newsletter August 2015

Club Mobile: 07596 871553
Website: www.charnwoodac.co.uk

Midland Senior and U20 Championships



Congratulations to Charnwood athletes, Callum Forde and Harriet Cooper (U17) who won gold and bronze medals in the recent Midland Senior and U20 Championships, Callum winning the senior 400 hurdles and Harriet coming third in the U20 400m.

QUAD KIDS 2015

On 3rd July the final Quadkids competition took place at Saffron Lane, and even though many of our athletes were unavailable, Charnwood's strength in depth ensured that we enjoyed another successful evening.

Year 3/4 boys recorded their third consecutive victory with Oliver Hawkins, Ellis Cameron, Max Alwity and Charlie Wright all finishing in the top ten.

The girls of year 3/4 came 2nd on the night, and were also 2nd overall, in what was the closest fought category, finishing just 36 points behind the leaders. Georgia Sorby was best placed in 3rd position with the best time in both the sprint and middle distance run, with Millie Parrott in 9th place.

Miles Bolger and Tom Carr came joint 1st as the year 5/6 boys won both the event and the overall competition.

The year 5/6 girls also won a third successive victory to give them an overall lead of over 200 points. Lexie McLoughlin was runner-up with Ellie Sorby and Milly and Ellie Travers all finishing in the top ten.

Collectively Charnwood won the overall three match competition by a huge margin of 1220 points, and viewed in conjunction with our under 11 and 13 Sportshall teams both being county champions, the winter success enjoyed by our young cross country runners and the under 13 and 15 teams great success in their three Youth Development League fixtures, the future of Charnwood Athletic Club looks to be extremely bright.



The medals and trophies won by the athletes.

3rd Youth Development League Fixture – Sunday 21st June

Hosted by ourselves, the third of four YDL fixtures turned out to be a triumph for Charnwood. Having been runners-up at the previous two matches, finishing just 11 and 4 points respectively ahead of Birchfield Harriers, we again finished in 2nd position, but on this occasion by a massive margin of 55 points.

The improvement made by the team is astonishing and can be measured by the fact that we finished only 29 points behind Rugby & Northants, having trailed them by 112 points in the opening fixture.

A list of athletes with winning performances is given below, but this was a great team performance with Personal Bests being recorded in almost every event.

Our officials ensured that the whole event ran smoothly and on time and the girls in the clubhouse supplied refreshments with the minimum of delay – so a big thank you to everyone involved. Once again the support from family and friends of the athletes was much appreciated.

WINNING PERFORMANCES

UNDER 15 BOYS

300 metres	A Fergus McAuliffe	B Solomon Unwin
800 metres		B Ben Rouse
Javelin		B Dominic Sturmey
	4 x 300 metres Relay	

UNDER 13 BOYS

800 metres	A Jolyon Leavesley
Javelin	A Sam Parrott

UNDER 15 GIRLS

300 metres		B Laura Aryeety
800 metres	A Laura Aryeety	
1500 metres	A Hannah Seager	B Mia Atkinson
75 metres Hurdles	A Victoria Johnson	B Millie Shaw
Pole Vault	A Esme Hunt	

UNDER 13 GIRLS

75 metres	A Mollie Swann	B Hannah Haywood
150 metres	A Mollie Swann	
800 metres		B Jasmine Greenaway
1200 metres		B Imogen Here
Long Jump	A Mollie Swann	
	4 x 100 metres Relay	



ENGLISH SCHOOLS ATHLETICS CHAMPIONSHIPS – GATESHEAD 10/11TH JULY

Congratulations to Ivan Tapper who won the Intermediate Javelin with a P.B. of 63.81m and a new club record at the English Schools championships at Gateshead and gained selection for the English Schools team to compete in the international in Glasgow.

Well done to all those Charnwood who achieved the standard and were also selected to represent Leicestershire and Rutland Schools at Gateshead. The team of thirty five athletes included no less fifteen Charnwood members. This is an excellent achievement by members of the club.

JUNIOR GIRLS

Victoria Johnson (junior 75m H)
Laura Areety (junior 1500m)
Hannah Seagar (Junior 1500)
Jasmin Routlege (Junior Hammer)

JUNIOR BOYS

Oliver Rouse (junior 1500m)
Ben Rouse (junior 1500m)
Ben Higgins (junior 80mH)

INTERMEDIATE GIRLS

Harriet Cooper (Inter 300m)
Laura Mullins (Inter 800m)
Lucy Jones (Inter 1500m)
Kitty Joseph-Blackner (Inter L .Jump)

INTERMEDIATE BOYS

Tre Thomas (Inter 100mH)
Ivan Tapper (Inter Javelin)
Joseph Pollard (Inter 3000m)
George Burnett (Inter 1500m)

IMPORTANT NOTICE

Leicestershire and Rutland Schools Athletics Association

It may be that some members of Charnwood Athletics club are under the mistaken belief that they were chosen to represent Leicestershire Schools in the regional multi event competition. I am afraid this was not the case. Leicestershire Schools committee did not select or enter any athletes in the competition. A third party who is not a member of the schools association took it upon herself to contact a few Leicestershire schools athletes and gave them the impression they were being asked to represent the county schools. The person concerned then managed with someone's help to access the English Schools password and enter the athletes without the knowledge and permission of the schools association. The schools only discovered this when they were asked to pay entry fees for athletes they had not entered. The person concerned was then told to tell the athletes they should not compete which did not happen.

Roger A Binks

(Leicestershire and Rutland Schools))

LEEDS 10K – 12TH JULY 2015

1st Lady	Leila Armoush	36mins 59secs
----------	---------------	---------------

Final Youth Development League Fixture

Saturday 18th July at Northwood Stadium, Stoke

Much depleted by holiday commitments our young athletes travelled to Stoke determined to hang on to the 2nd place which we held after the first three events. Many were asked to take part in disciplines at which they had little, or no, experience but they performed magnificently once again to secure 4th position on the day which was sufficient to ensure that we finished the season as deserved runners-up.

For the under 13 girls Mollie Swann once again won the 75 metres, 150 metres and long jump competitions, Hannah Haywood came 1st and 2nd in the 75 metre (B) and 70 metre hurdle (B) respectively with Jasmine Greenaway finishing 2nd in both the 150 metres and 800 metres.

Hannah Seager opted to run in the under 15 800 metres and again came home in 1st place.

Jamie Mingle came 1st in the under 13 javelin throw, as did Jolyon Leavesley in the 1500 metres.

At under 15 level Jody Smith came 1st in the 100 metres and 2nd in both the 200 metres and shot put, Solomon Unwin and Fergus McAuliffe won both 300 metre races with Ethan O'Shea and Luke Nuttall coming 2nd (A) and 1st (B) respectively in the 1500 metres. Ben Higgins came 1st in the 80 metres hurdles (A) and was placed 2nd in the long jump, with Cameron Darkin-Price 1st in the hurdles (B).

As ever, our relay teams performed well with both the under 13 4 x 100m girls and under 15 4 x 300m boys continuing their winning ways.

This was the highest finish that Charnwood have ever achieved in the Midlands Premier League and the club is justifiably proud of every athlete who took part in each of the fixtures. Well done everybody!

Thank you to all who have contributed to this newsletter. An apology for any errors or omissions in this edition, if there was any they were unintentional.

We want to hear from all of you, so we can keep our members informed, whether you are a coach, athlete, volunteer or parent.

So if you have some news for the next issue then please email **items and photos** to: Ruth Edwards: **cacnewsletter@hotmail.co.uk**

Items for the September newsletter need to be received by Monday 24th August.